

3rd Sunday of Easter

Sunday, April 14

Acts 3:13-15,17-19

Ps 4:2,4,7-9

1 Jn 2:1-5a

Lk 24:35-48

Monday, April 15

Acts 6:8-15

Ps 119:23-24,26-27,29-30

Jn 6:22-29

Tuesday, April 16

Acts 7:51 – 8:1a

Ps 31:3c-4,6-7b,8a,17,21ab

Jn 6:30-35

Wednesday, April 17

Acts 8:1b-8

Ps 66:1-3a,4-7a

Jn 6:35-40

Thursday, April 18

Acts 8:26-40

Ps 66:8-9,16-17,20

Jn 6:44-51

Friday, April 19

Acts 9:1-20

Ps 117:1-2

Jn 6:52-59

Saturday, April 20

Acts 9:31-42

Ps 116:12-17

Jn 6:60-69

Jesus knew his apostles well. He knew some felt shame and remorse for having denied and abandoned him. However, His sign of peace let them know that they were forgiven and that He still loved them. Our Divine Savior continues to offer Himself in peace and forgiveness to us all.

How can we find this peace in Christ? What if you have doubts? What if you're angry? What if life has been challenging, and things don't seem fair? What if you feel abandoned and God doesn't seem to be answering your prayers? What if you feel guilty because of sin and mistakes? Christ's peace and unconditional love are offered to all, especially to you.

First, ask the Holy Spirit to open your heart and tell him in your own words that you need Jesus and want Him to help. "Apart from me, you can't do anything," says the Lord (Jn. 15:5). Then, read the Bible, go to Confession, and nourish your soul with Holy Communion.

Prayer is another crucial element in reaching interior peace, as it raises your mind and heart to God in a relationship of love, trust, and peace. God wants to hear from you! He wants to hear about your praise, thankfulness, frustrations, anger, worries, needs, and repentance.

Many people begin with standard memorized prayers and then move into more honest, intimate conversations. Meditative prayer can be fruitful as well, like praying with Scripture,



spiritual books, or the Rosary.

To hear back from God, we must listen. Begin by letting go of all the busy conversation and spiritual reading and just sit silently in love and total surrender with our Lord. The goal is to bask

in His glory, trusting His holy will in all things.

Saint Mother Teresa of Calcutta once said, "The fruit of silence is prayer. The fruit of prayer is faith. The fruit of faith is love. The fruit of love is service. The fruit of service is peace." May the peace of our Lord be with you always.

Reflect & Discuss:

- † What matters are troubling you that you can bring to prayer?
- † As Christ displayed patience with the disciples' lack of understanding and unbelief, how has he been patient with you? How are you patient with others?
- † How does the virtue of forgiveness lead to peace?
- † How has Christ's resurrection made a difference in your life? Since Jesus calls us to do so, how can we share the literal truth of the Resurrection, and how can we witness this in our lives?